

Parents Newsletter

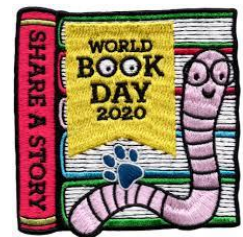
Spring Term 2



Asalam Alaikum / Peace be upon you all,

World Book Day

A study published that involved taking MRI images of children's brains showed that taking away screens and reading to young children can boost brain development. The MRI images indicated an increase in organised white matter that is involved in developing language and ability to learn. To help promote this, we will give every child a book token which they can exchange for a book at local book stores. To instil a love of reading and to make it exciting for our children we wanted to encourage the children to dress up as a person who is in service of the community such as; rubbish collectors, post carrier, doctors, nurses, police officer, paramedic, bee keeper & mechanic on World Book Day on Thursday 4th March 2021. If you would like ideas or support in how to be creative and make your own costume, please speak to a staff member for ideas.



Reading Books Wanted

The first word revealed to Prophet Muhammad (salallahu alaihi wa salam) was 'read'. Reading is important for babies and young children. Sharing stories, talking and singing every day helps your child's development in many ways. Reading and sharing stories can help your child get to know sounds, words and language, and develop early literacy skills, learn to value books and stories, spark your child's imagination and stimulate curiosity, help develop your child's brain, ability to focus, concentration, social skills and communication skills, help your child learn the difference between 'real' and 'make-believe', help your child understand new or frightening events, and the strong emotions that come with them, help your child learn about the world, their own culture and other cultures. Sharing stories with your child doesn't mean you have to read from the book. Just by looking at books with your child and talking about them, you can be a great storyteller and a good model for using language and books. Your child will learn by watching you hold a book the correct way and seeing how you move through the book by gently turning the pages.

Reading stories with children has benefits for grown-ups too. The special time you spend reading together promotes bonding and helps to build your relationship with your child.

With this in mind, sadly there are people in our city/locality who are not able to purchase books for their children and because of this the nursery, in collaboration with a local charity, is collecting books for children to distribute in our city. If you are able to donate books, please ensure that they are in good condition. Please circulate this amongst your friends and family. Any books you want to donate can be placed in the basket at the nursery main entrances. Books will be distributed on March 17th.

New Staff

We would like to welcome aunty Ghena who started last term in the Toddler room, Ghena will also be over seeing the Arabic curriculum and the development of spoken language in Toddler room.

Snack Charges

If your child attends nursery with a free place through funding from the council, we would like to remind you that there is a **60p per day charge for snacks**.



Healthy packed lunches



We are committed to promoting healthy foods and eating habits that ensure healthy growth and development of children. We appreciate that all parents pack a **healthy box**.

We ask that you do not pack chocolate, crisps, cakes or sweets. If you pack a treat every now and again, why not try an oat based biscuit or cake such as flapjack as energy is released more slowly.



nutritious lunch

not pack
would like to
not try an oat
this releases

We also would like to inform you we have a child who has a nut allergy and request parents not to put **any nuts or nut products** in their child's packed lunch.

Dates for your Diary

World Book Week- 4thnd March 2021
Closed for Easter Break- Monday 29th March 2021
Reopen Monday 12th April 2021



Thank you for taking the time to read our newsletter. If you ever have any questions or concerns, please don't hesitate to talk to us.

From all the staff at Happy Children Nursery